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"We are what we think.
All that we are arises with our thoughts.
With our thoughts we make our world."
~Buddha~

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Chapter 1

What Is Law Of Attraction?



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You must be wondering why there are certain people who seem like they attract anything, anyone and everything into their life. You seem them at work or at your local bar. Something about them seems mysterious and certain at the same time. They have everything that a man can ask for. A car, a beautiful house, a gorgeous wife and every kind of opportunity is magnetized toward them. Yet those people look just like you, they possess nothing special yet they have so much.

You sit and wonder what they have that you don't? And how you can get a piece of what they are getting? You do not have to look any further because your way to success can be attained through the Law of Attraction. The Law of Attraction is a simple guide to living that eliminates all sorts of limitations and disbeliefs that you conjured up. Yes that's right! The limitations in your life are all concocted by the barriers your mind has put around.

With the Law of Attraction you can break through the barriers that you put on yourself and liberate yourself from limitations. There is a light at the end of every tunnel and there is always a way to turn your life around no matter how bad things are. Only you can decide what your fate will be in the future. No one else will be at fault or accountable for your actions.

What is important to you? What are your goals in life? What is your purpose for being alive? These are all pertinent questions that are related to the Law of Attraction. The Law of Attraction simply states that what you believe to be will be. Whatever you put your mind into; whatever you burn

every ounce of your energy for, and what you focus on will be attracted to you. If you think about being the richest man or woman in your neighborhood and everything in the universe will conspire for it if you truly believe in it.

The Law of Attraction is a matter of attitude and perception. The way you perceive the world around you is the way it will reveal itself. It is all about a positive attitude and the right outlook on life that will change your circumstances and will uplift you from the darkness. But keep in mind that this law applies to everyone and anyone. It is an impartial and impersonal law that coincides with the universe. It does not matter what your religious beliefs are or your personality. It has nothing to do with being bad or good, the Law of Attraction is a law that follows the flow of the universe.

There is an infinite power boiling deep inside of you. You need to focus your energy and concentrate on the good things that life has to offer so that you can tap into that inner self that is trying to burst out. You can attract anything and everything you want success, money, women, opportunities, there are no limitations. Open yourself up and remain faithful to the things that are important to you. Release your thoughts from negative feelings and a negative attitude. The only way you can achieve your dreams is to think it and take action. Go deep within yourself to find out your purpose and once you do, pursue it with a vigor that will drain you of all of your energy. There is nothing that can stop you once you set your mind to a goal. The Law of Attraction will attract the opportunities and the money that you have been looking for when you put your mind to it.

The Law of Attraction functions whether you like it to or not. It simply flows with the universe. But it will work for you if you have the right attitude and perception. The circumstances around you will not cultivate the person you will be but the way you respond to those situations will determine who you are and where you will go.

Deep In Your Subconscious

The Law of Attraction dives deep into the corners of your mind. The subconscious level is an important aspect of those who want the universe to conspire with them in order to achieve a goal that you have set out for yourself. You must believe it with every inch of your mind, body, and soul. Once you have believed in a goal or the person you want to be, you must then visualize it and believe it to be true.

Plant seeds in your mind that you can become rich or you can change your perspective for the better. The subconscious mind will take you to a place where you can unleash your true potential. It is there in the depths of your mind where you will find the light that you have been seeking. Once you have tapped into your subconscious and have decided on a goal your conscious mind will help you do everything to attain that goal or become that person that you have always wanted to be.

Everything starts in your subconscious and manifests itself onto your waking life. If you constantly think about being poor then you will be poor for the rest of your life. It is about time to get up, focus and concentrate on becoming wealthy and becoming that person you strive to be.

Mind Over Matter

As the cliché goes everything is mind over matter but this saying is clichéd for a reason. It is definitely true. The Law of Attraction liberates your mind and helps you focus on what are the important things in your life.

Let go of all of your worries and focus all of your attention and energy on the things that can help you get out of your current situation. You can attract all of the positive energy you need if you focus on the right things. Think about the different solutions that will help you solve the problems you have at work. The more you think about how bad your boss is or how miserable you are at work, the more you will be trapped in a hole that you can't get out of. The Law of Attraction will work even in these situations; the law will attract all sorts of negative things your way because that is all that you are thinking about.

Any athlete who has won a competition believes that his or her mind can overcome any obstacle that is thrown their way. You can apply this to your life as well. If you want to be rich and think about how you can become rich. Think of the ways you can overcome your limitations. The Law of Attraction will work in your favor because of all the thoughts you focus on.

What Is Your Purpose In Life?

This question is thrown around often by life coaches and every other book that you search online. As cheesy as it sounds, that is the question that you should ask yourself every waking day. Like Shakespeare's famous lines 'to be or not to be? That is the question' you must find a purpose that you will look forward to every single day.

What inspires you when you wake up? What motivates you to do your best every single day? Ask yourself these questions and figure out the answers. The answers may lead to more questions but that is the exciting thing about life, once you run out of questions to ask where will you go? It is important to have a purpose that will take your full attention and concentration.

Develop a life purpose that will consume your waking days and invade your dreams. The Law of Attraction will help you achieve this purpose because this is what you have been thinking of every night and every day.

A purpose will inspire you, will lead you to ask more questions and will help you unleash your true potential.

Focus Your Life

A lot of people worry about things all the time debt, traffic, lack of opportunities, and all sorts of problems that you can think of. A majority of people think more about their problems than positive thoughts. Their negative feelings and thoughts consume their days and nights. These thoughts and feelings manifest themselves and surround people front, left, and center. They are trapped in the cell they have created for themselves.

All of their negative feelings and thoughts attract all sorts of bad things. They accumulate more debt and wind-up with more problems than solutions. Break free from these thoughts and focus on the positive side of your life to unleash your full potential. Think like a rich man who has no worries and creates their own opportunities. Focus your thoughts and energy on the things that are important to you. Drain away all of the

negative thoughts and bad feelings to focus on the positive energy in your life. Once you have found your focus concentrate on the things you want to accomplish or the person you want to be.

The energy that is channeled from your subconscious will manifest itself in your life. You will be able to see more clearly and your perception will change. Changing your focus will help you attract more opportunities and will help you see things with a different pair of glasses. You will then find out what is wrong with the way you do things.

What you focus and concentrate on will bring out the best or worst of the Law of Attraction. How you perceive yourself and how you look at things will affect every aspect of your life. Changing your inner self first will be the stepping stone to a better you and more opportunities. Open yourself up to new things and positive energy to move forward in the right direction.

The next chapter will reveal to you how the Law of Attraction works. You will also discover how you can use the Law of Attraction to your advantage.

Chapter 2

The Mechanics Of Law Of Attraction



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How does the Law of Attraction work? After reading the previous chapter you must be wondering how this concept functions and how it can help you with your day to day life. The Law of Attraction is simple and easy to understand. All you have to do is believe in the ways of the universe and you will get what you want.

Your Mind Is The Key

The Law of Attraction seeps into the very depths of your mind. Your attitude and the thoughts that permeate your day to day living will manifest itself in the Law of Attraction. The more you think about something the more it will reveal itself to you whether it is good or bad. Your thoughts and your feelings will reveal themselves through the Law of Attraction.

What you think of and feel in the subconscious manifests itself in your physical world. Train your mind to focus and concentrate on all of the things that you want to have. A focused thought and emotion will attract the things that you want in life such as money, cars, women, opportunities and several other things. The Law of Attraction enters your mind and manifests the true thoughts that you have. The more you think about your poor situation the more it will stay that way.

A lot of people are often swayed by bad news and negative emotions. Once these things take up your thoughts these are the kinds of things that you will attract. Remove all of these negative thoughts and feelings to bring out the best that life has to offer.

Free your mind from bad thoughts and negative emotions to attract only the things that you want. A focused mind will help you create the thoughts and emotions that you need to attract what you want. The more you focus on a goal the more you will see what you have to do to attain that goal.

Inspired Action

The Law of Attraction is not only a thought process but it is also an action oriented approach. The world will not conspire with you if you do not take control of your actions. Your mind works in two ways, the subconscious and the conscious level. Your attitude and outlook reflect your subconscious while your action reflects the conscious mind. These two concepts work together to help you attain your goals and become the person that you want to be.

The Law of Attraction is not simply thinking of things and they suddenly appear in front of your eyes. We live in a physical world that is governed by physical laws. You have to make decisions on the thoughts that you have focused on.

The rich don't just sit at home and think about being rich; they make decisions and take inspired action to attain the wealth that they have imagined. You can become like them to if you take a pro-active approach to your life. Your thoughts will only be thoughts if you sit around waiting for things to happen.

Acknowledgement Of Your Life Plan

The Law of Attraction lives by the natural laws of the universe where everything is made up of energy and endless possibilities. These laws govern your life as well. You can ask the universe to give you what you want and the universe will give it to you only if you believe in it.

The first thing you should do is to acknowledge that you have a purpose in life and you are here for a reason. Like a plane there is always a take-off and landing point. You must acknowledge where you are now and posit yourself into a situation where you can be successful and happy.

You must acknowledge the root of your problems and the way you can move forward and start anew. You cannot run away from your problems and worries all the time. There will be a time when you will have to face the music and confront your problems. Confronting your problems and acknowledging the elephant in the room will lead to the truth. Your first step to eliminating all of the negative thoughts in your mind is to acknowledge that they exist. Once you have acknowledged your problems and worries, then and only then will you be able to free yourself from their bondage. Your thoughts will rise high and liberate you from the darkness that you have been living in for so long.

The freedom from negative thoughts and feelings will help you focus on the positive things that life has to offer. Your energy will be consumed by the wonders of life. With this new found energy and vigor you will attract success and the things that you have desired the most. Creating a life plan will be easier because of the liberation from negative thoughts and emotions.

Articulation Of Your Life Plans

A life plan is nothing when all of it is just thoughts and abstractions in your head. You must take hold of those abstractions and turn it into something that is concrete and well-articulated. The plan you articulate does not necessarily have to be a complete step by step guide into solving the mysteries of the universe. All it needs to be is a plan that you can easily follow and adhere to on a day to day basis.

Articulate your thoughts and your goals on a piece of paper or a journal that you can look back on. Your goals are manifestations of your thoughts and desires. You can make a guide that you can understand to help you attain your goals and achieve your dreams. An articulated life plan is easy to follow and will help you stay focused and determined.

Seeing your plans on paper will help you to visualize what your goals are and how you can achieve them. The life plan is not a set in stone diagram that you have to follow by the letter. It is only a guideline that can help you stay focused on your goal of becoming rich or discovering your true self.

Clear Slate For Better Living

As long as you are alive you will always have problems and worries. Those are unavoidable and are facts of life but will you let those problems rule your life? The negative thoughts and emotions that you occupy yourself with will manifest itself in your conscious world. These thoughts will run your life and will interfere with your development as a person. These are also road blocks that prevent you from achieving your goals and obtaining the desires of your heart.

In order to make the Law of Attraction work to your advantage remove those negative thoughts and emotions from your system so that you can focus on the positive thoughts that can help you reach your goals and live out your dreams.

The positive things that you think about will attract more positive things toward your direction. Your attitude will determine how high you will soar above the skies. Change your perception and the way you think about yourself. If you are down always think about the light at the end of the tunnel. There is always hope and an answer to every question.

How can you remove the bad thoughts and negative emotions if they have devastated you often? This is not an easy question to answer but there is a way out of this situation. Stays focused and think about the positive things that a negative situation has put you in. Maybe there is a purpose beneath that negative situation? Maybe that negative situation was thrown your way because you need to grow as a person? Ask yourself these questions and maybe you can find the answers.

Always remember that there is a greater purpose for everything that comes your way. You have to think positively and set aside all of the negative thoughts that you have conjured up in your head. The only way to attract the right solutions to your problems is to focus on your goals and believe that you can come out of a situation as a better person.

The Law of Attraction will help you come out a better person from a seemingly devastating situation if you have built your inner self up. The change starts within yourself and in your subconscious. You must be willing to dive head first into the things that life has to offer. Open yourself up to hurt and the opportunities that life throws your way.

Love Life

Life offers you with many challenges and lights at the end of tunnels. Open your mind to these things because these are all a part of the universe. The universe exposes you to many things and you can either open or close your heart to the beauty that life has to offer.

An open heart and mind turns you into a different person that attracts your heart's desires. Once you truly believe in something and take action, the universe will conspire with you to help you attain all of these goals and desires. Open your mind and only think of the positive things that life has to offer. A positive mind will attract opportunities and will help you create creative solutions to problems. You might even discover something new with a mundane thing. The universe will guide you into surprising and rewarding things if you believe and strive for it.

The Law of Attraction works in mysterious ways. You may not know that you have benefited from it or you were fully aware the whole time but one thing is for sure you are what you think you are. The positive things you think of will manifest themselves and help you achieve your life plans. You will attract more opportunities, more wealth, and more of the things that you want out of life when you put your mind to it.

The Law of Attraction teaches you to stay focused and goal oriented throughout your life. A focused mind and a take action attitude will inspire you and make your life full of purpose every day of the week.

The next chapter of this book will help you understand how the Law of Attraction works in your life. You will discover the different steps you can take to attract the things your heart desires. The step by step guide will help you unleash your full potential and help you discover the any wonders that life has to offer.

Open your heart and mind to the wonders that life has to offer. You cannot just focus on one aspect of your life because the whole is much more important than its parts. Focus your energy on the things that are important to you such as your family, self-development, the things that you love to do that make you a person, and the friends that are close to your heart. All of these things play a vital role in attracting abundance toward you.

Chapter 3

How To Apply Law Of Attraction In Your Life?



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Now that you have gained substantial knowledge about the Law of Attraction and how it works, your next step to attracting abundance in every aspect of your life is to follow a step by step guide. There are certain things in your life that will drive you to become the person that you were meant to be.

Step 1: Discover Your Life Purpose

The first step is always the hardest because it is filled with uncertain and fraught with obstacles that are difficult to overcome. But diamonds are formed only through extreme pressure and heat. You are like a diamond that has yet to come out of the darkness. You have a purpose that you need to fulfill before you leave this world. Your dreams will never become a reality if you sit around at home daydreaming of the things that you can be.

Everyone has a purpose that they live for every waking day. Finding the one purpose that you will live for sounds easy but most of the people miss the bus and find themselves in an unknown territory. Your purpose will determine your decisions and the actions that you take.

Have you felt your heart thump faster than you usual when you do something? Have you felt the excitement rush through your veins? When you feel that excitement and that heart stopping feeling you have found

something that you love to do and enjoy. Finding that one thing that will consume your entire being will help you find your purpose in life.

If everything that comes your way never turned out the way you wanted them to be those are the direct results of your negative energy and negative thoughts. The negative thoughts that have gathered in your mind manifest themselves and attract all other negative things. The negative thoughts have prevented you from becoming who you really want to be. They block you from attracting the things and opportunities that you longed for.

Do what you love to do and spend every single moment of your life doing it. You will never even notice the time fly by once you have fallen in love with your dream job. Risk everything to attain that dream job of yours because you only live once. You do not want to spend countless hours going to a job that you loathe. It will be obvious that you hate your job because everything that happens to you is negative. Your boss always yells at you, your underpaid and overworked, you are always stressed out, and you find ways to call in sick just to avoid going to work. You think that your dream job does not pay enough but are you willing to sacrifice your life for money? There are plenty of things that money will not buy you and one of those things is happiness.

Money will follow you once you have found a job that you truly love to do. Follow your passions and do what you love to do to bring out your full potential. You will not only earn plenty of money you will also exude a confidence that you never had before. You will feel better about yourself and a light inside you will sparkle. The light that shines in you will attract others to you. You will be like a magnet that draws attention and makes you a likeable person.

Your inner good will come out and inspire others as well. If you believe in your inner goodness and only think about positive thoughts, the universe will reward you tens time over. The positive energy and thoughts of doing what you love to do will set the wheels of the Law of Attraction toward your way.

Your passion will guide you toward achieving your goal and staying focused. The focus that you have on your goal will attract other things toward your way. You may find the success and happiness that you have longed to have because of the positive energy that your passion creates.

Once you have found your passion pursuing your dreams and following your heart will be so much easier. Your dreams will no longer be just dreams they will become tangible.

Make it a point to visualize your dream job and think about it all the time. The universe will conspire with you if you believe in yourself and live out your passion. You may encounter obstacles and negative opinions from your closest friends and family but you should not let those negative thoughts penetrate you. You have to stay steadfast in your decision to pursue a career that you love. Do not hesitate to go against the crowd and popular choice because you may end up living someone else's life. You only have a short time here on earth spend it living out your passions and fulfilling your dreams.

Step 2: Write Affirmations

The second step in applying the Laws of Attraction is to write an affirmation. You ask for the things you get and you get it because you believed in it. No matter how small or big the request is it is granted on its own time. You simply attract what you believe in and what you think about.

You can focus your desires and attain them if you write it and affirm it. This exercise helps you believe in your dreams and what you aspire to be day in and day out. Here are steps you can follow to make your affirmation work for you:

- 1. Write your affirmations in the present tense. Affirmations in the present tense give you a sense of urgency. It gives you the hope that what you ask for will happen now instead of tomorrow.
- 2. State all of your hopes and desires in positive terms. A positive outlook will help you attain your goals and dreams. The positive thoughts that you create will attract more opportunities your way.
- 3. Be specific and astute. Make your affirmations specific and astute because your subconscious will not process long statements. Your short statements must also be in positive terms for the Law of Attraction to help you.

These steps will guide you toward a better life. The Law of Attraction will work for you once you have done things with a positive attitude and the right mindset.

The affirmations will not work independently if you do not adhere to them on a daily basis. Your written affirmations must be repeated day in and day out. You must convince yourself that your dreams can be attained. The best time to repeat your affirmations is in the morning when you get up from bed. Your affirmations will give you the drive you need to push yourself day in and day out.

Enjoy your affirmations because enjoyment and a zest for life help you attract positive thoughts and a positive attitude. The most important aspect of writing your affirmations is the belief you have that your goals and dreams are attainable. At the heart of everything, your belief in yourself and your goals is important because without belief then you are just a puppet dangling on a string.

Step 3: Meditation Is Important

The first two steps laid out the positive effects of belief, a positive attitude, and writing your affirmations. This step is just as important. Meditation will help you look back and think of the decisions and actions that you have made.

Think of yourself driving down a mountain without thinking of anything at all. All that you have on your mind is nature and the free flowing thoughts in your mind, you have envisioned your destination and how you will get there and the next thing you know is you have driven more than twenty miles; this state of mind is called the Theta Brainwave State. This state of mind lets your thoughts drift without any inhibitions or feelings of guilt. The Theta Brainwave State is a positive state of mind that helps you relax.

The Theta Brainwave State is also a perfect way you can dive into your subconscious and tap into an energy source that you thought you never had. This is also the state of mind where you can get an insightful perspective from your subconscious.

You can play soothing and relaxing music that can help you get into the Theta Brainwave State during your affirmations. You will need to meditate in your Theta Brainwave State in order to stay focused and positive while you do your affirmations.

While you repeat your written affirmations envision yourself in the situation where you want to be. Envision yourself as a wealthy person and stay focused while meditating. The Theta Brainwave State will help you envisions your wants, desires and the life that you have longed for.

Step 4: Positive Pro-Active Action

This next step is important to your success and the fulfillment of the Law of Attraction in your life. Your dreams and thoughts will remain in the realm of the subconscious if you wait passively. If you want to bring them out into the realm of reality you must take hold of your life and take definitive action.

Your positive thoughts and feelings will be for naught if you sit around waiting for something to happen. Once you have done your visualizing, affirming, and meditating it is time to take action. Make your plans into reality. Find out ways you can create opportunities for yourself. Bring your dream from the subconscious level to the realm of reality.

The ideas and inspiration that are created by your positive energy must be acted upon immediately. If you want that raise picture yourself in the position that you want. Think about the responsibilities you will have. Think about the conversations you will have with your employees and your future bosses once you get that promotion. All of your musings and visions will leave a permanent impact on your subconscious. Once the seeds have been planted, your positive attitude will make sure that it happens.

Turn your thoughts and visions into reality by relaxing your mind and thinking positively. Your positive thoughts will manifest into courses of action that you can take. Your moment of inspiration will come to you when you affirm your beliefs and fill your mind with positive thoughts. Your dream car will be yours if you envision it and act upon it. Imagine you are sitting inside the car of your dreams. Feel the steering wheel in your hands, move the gear box, step on the gas, and hit the brakes. Drive down the

highway and speed up when no other car is around. These visions will help you stay focused and determined. These musings will impact your subconscious and help inspire actions that you have never dreamed of doing. These inspired actions need to be acted upon immediately before they permanently disappear.

Your dream will be more than just visions if you allow yourself to believe that you can attain your dreams. The universe will make all the things possible for you to attain your dreams. Follow your dreams and fill your thoughts with the things that you want to have. Remove all doubt and negative feelings that permeate your mind. You can have what you desire if you think about it all the time and focus all of your energy in getting it.

Your thoughts will guide you and your actions will help you attain them. The Law of Attraction will reward you accordingly if you believe in the power of your positive thinking and attitude.

Step 5: Gratitude

One of the many benefits of the Law of Attraction is that you receive the things you are grateful for. It does not matter if the things you are grateful for are small or big. The fact that you are grateful in the first place will alter the way the universe rewards you.

The universe will conspire to help you attain the things that you are grateful for. The positive thinking, optimism, and positive attitude will all be for naught if you are not grateful. Be grateful that you are alive and that the universe has provided you with all of the things that you need such as food, air and shelter. Be grateful for the little things in your life because one day these things will be the only thing you will look for.

Be thankful for the family members and friends that make your days worthwhile. Everything that was given to you has a purpose and you should be thankful for it. The more you are grateful for everything that is given to you the more powerful the Law of Attraction will be. The universe will grant your heart's desires and will help you appreciate life even more. When you become grateful you will appreciate life's small gestures even more. Your satisfaction will increase and you will thank the universe that you have a life to live.

Gratefulness will awaken you to a whole new reality that you did not know existed before. Your mind will open you to a different perspective. You will learn to appreciate others and the things that they have done for you.

Here are a few things that you can try to keep your heart and mind grateful:

- 1. Create a gratitude journal that keeps track of all of the things that you are grateful for. Write down all of the things that you are grateful for as long as you can remember. Say thank you to the people who have done good to you or even the people who have served you at your favorite restaurant. You can also be thankful for each sunrise and sunset that you encounter. These small things are important because the details are an important part of life. Say thank you in any way you can. Being grateful will ease your mind and warm your heart. You may even get more opportunities for being grateful for anything no matter how big or small it is.
- 2. List down all of the things that you are grateful for and will be grateful for from the letters A to Z. This may sound hard to do because you have to alphabetize the things that you are grateful for but this exercise is worthwhile. Create a list of the things you are thankful and start with A. think of all the things that you are grateful for even if they seem small. But these small things add up to become one big thing that you are grateful for. Slowly move your list from A to the next letter and then to the next letter until you finish your list at Z. Listing down the things you are grateful for will open your heart and mind to what the universe has to offer. You will feel much better and will wake up filled with purpose because you are grateful all the time.
- 3. Find things that you are grateful for every time you wake up and before you go to sleep.
- 4. Do an act of random kindness each day.
- 5. Find time to praise your kids, your girlfriend, your boyfriend, your wife, your sister, and anybody who are in your circle. The praise you give is not limited to your friends and family, you can praise the chef who cooked your meal or the delivery boy who sent your mail. There is something praise worthy in each individual make the time to uplift their spirits by praising them.
- 6. Be grateful that the universe has provided you with the basic needs and the company you are with.

There are plenty of things that you can be grateful for. Open your heart and mind to what the universe has to offer. Keep an open mind and let life surprise you every single day. There is always something to be grateful for all you need to do is keep your heart open even to the things that can hurt you. The Law of Attraction will help you get the things you want when you are grateful for what you have. Gratefulness is not a state that you just get to; you have to exert effort day in and day out to be grateful for everything that comes your way. Have a grateful heart and combine it with your positive attitude and you will attain your heart's desires.

Chapter 4

Law Of Attraction In Action



Image: FreeDigitalPhotos.net

The Law of Attraction is not only about the subconscious. You must bring out the subconscious realm into the tangible world of actions. The meditations, positive attitude, and envisioning will only go so far if you do not take action. The visions and the positive thinking will stir your heart to take inspired action. This inspired action is formed in your subconscious and is manifesting itself with every beat and desire that your heart is feeling.

The inspiration that your heart is feeling is not something that you should take lightly. The mere fact that your heart is leading you to do something is a signal from the universe. Respond to your heart's desires and take a leap of faith.

The Leap Of Faith

It may be hard to take a sudden plunge into something that you are not fully aware of. But there are mysteries in life that you should dive into with open arms. The Law of Attraction guides you into making decisions based on what you keep in your mind and in your heart. But the thoughts will only be dreams if you do not take deliberate action. Listen to your heart and let it guide you to places that are unknown. Unlock the mysteries surrounding your hearts desires by simply doing it.

The universe will not wait for you to do something; you must take hold of your own life. The actions you take will determine what will come back to you. Listen to your heart and do the right thing.

Do What Your Heart Tells You

Your heart is the source of life and it is where your emotions rest. The Law of Attraction will help you attain your dreams and your desires by attracting the things you have in your mind. Unleash the full potential of your mind by leaving your inhibitions at the door. The only way you can fulfill your own dreams is to make decisive action. Take the leap of faith that you have pictured in your mind.

When you think about the one thing you desire all the time your body will take action by taking its cue from your subconscious. Your subconscious will formulate the ways that you can take hold of your life and make the right decisions. Your positive thought and optimistic outlook will take you to places that you never dreamed of getting to. There is no limit to what your mind can do only if you concentrate all of your efforts into what you want or what you want to become.

Your positive thoughts will turn into action when you believe that your dream can come true. You notice the people that seem to magnetize the right kind of people and opportunities. They are pro-active and believe in their dreams. They have a positive outlook and a can do attitude in life that inspires others and attracts other people like them. You can be that person too if you stay positive and make pro-active choices.

The only limit to what you are capable of is yourself. Do not hold yourself back and act on the urges that you are feeling. Sometimes the best decisions are the ones that you do not have to think over. It gets to that point because you have been positive all the time. The universe has seen your mind and rewards you because of your belief.

Your thoughts and inner being will inspire your actions and will lead you to abundance.

There Is A Purpose Bigger Than Yourself

Your actions will make or break your life. But it starts with your inner being, nurture your inner being by staying positive at all times. Drive those bad thoughts away. Cleanse your mind of negative feelings that will attract more negative feelings.

Think of the deeper purpose that your life holds during your stay on earth. Always remember that the universe is your guide and your light. Once you clear your mind of bad thoughts and fill them with positive thinking your life will be easier and you will attract more opportunities. The more you believe in yourself and the power of positive thinking more people will be drawn to you.

You may not know the purpose of your life immediately but you must accept it with arms wide open. Do what you love to do and live like it is your last day. Live life to the fullest and accept all that it offers.

Just Do It

There is a reason to why you feel the urge to do something. It has manifested itself from your subconscious. It is inspiration at its finest. That urge you are feeling should be expressed in a decisive choice and definitive action. The inspiration will not last long you must take hold of it and wield it like a pen. The Law of Attraction will reward your bravery by granting your heart's desires. Unleash the full potential of your mind and body by taking immediate action once inspiration strikes you.

Your thoughts will remain thoughts unless you act on them. The subconscious mind must work together with your conscious mind to deliver what you truly want into the physical world. Your positive thinking coupled with the right actions will turn things into your favor. The Law of Attraction will conspire with the universe to grant your heart's desires.

Focus on the things that you want but do not put your entire mind into one thing. There are other important aspects of your life that need your attention. Focus on the things or people that are important to you. Spend time with your friends and family. Play your favorite sport, start a hobby, help a complete stranger, do random acts of kindness, praise anyone that

helps or inspires you. These are all actions that will attract the things you want in your life. There is no limit to what you can attract if you have the right mindset and do the right things.

Chapter 5

Supercharge Law Of Attraction



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Gratitude is often postponed or set aside completely. But gratitude is an important aspect of the Law of Attraction. The more you are grateful for everything that you receive the universe will reward you with the same things. It is important to be grateful for everything that you receive no matter how small or large they are.

The small seemingly insignificant things that life throws your way may be a blessing in disguise. The universe has a way of surprising you with the littlest of things. Open your mind and heart and be grateful, the small thing you receive may be a bigger opportunity waiting for you.

Great Things Come In Small Packages

A thankful spirit will be rewarded. The universe has mysterious ways of granting your heart's desires. The job you wanted and have focused on for the past few months may not arrive right away. But the added responsibilities to your current job may lead to an eventual promotion. The responsibilities are preparing you for the promotion you will receive. Do not hurry on the small steps that you are taking because it will eventually lead you to the destination that you have always dreamed of.

A grateful heart allows the universe to work on him or her. The Law of Attraction rewards a thankful heart with abundance in all aspects of life. Keep your heart and mind open to the endless possibilities that life has to offer. Let the small things enter your heart and be thankful that you received something even when it is not what you expected.

The more grateful you are to what you receive the more you will feel liberated. The few choices you have will multiply because you are thankful for the things that you have now. The thankfulness in your heart overflows and opportunities and the things you want will go to you instead of the other way around.

The gratefulness in your heart gives you a different perspective and liberates you from the limitations that you set for yourself. The more thankful you are for the things that come your way the more you will be liberated from your self-imposed limitations. The opportunities will start knocking on your door and you will finally have the car that you have always dreamed of.

Break Free From Your Limitations

Most of the time limitations are self-imposed. It is a negative attitude that is formed in the subconscious and reveals itself through your choices and actions. These limitations prevent you from acquiring wealth or becoming the person that you always wanted to be. There is way to step out of your shell and permanently remove your limitations.

You can remove these limitations simply because you are the one who put them there in the first place. Remove all doubt from your mind and have an optimistic outlook on life. A part of optimism is a grateful heart. Without a grateful heart you will constantly look for things that you cannot obtain. You will constantly create problems in your head and you will always be upset or worried. Free yourself from worry by being grateful. Be grateful that you are alive. Be grateful that you have friends and family that have your back. Being grateful will free you from worry and a troubled heart. Your mind becomes clearer and your thought positive once you are grateful.

Give praise heartily to people around you. The more your praise the positive side of the people around even the waiters and the waitresses you will create a positive aura. The positive aura that surrounds you will attract the things that you want in your life. The added positive vibes that you create will pile on and pile on till you reach the limitations of your mind and body. The positive aura you spread will help you break free from the limitations that you set on yourself. The more you share the more you discover yourself through others.

The Law of Attraction will light your way to enlightenment and a higher purpose. The positive thoughts and the positive attitude that you have will spread to others. The more you spread it to others the more the universe will give back to you. The Law of Attraction moves in mysterious ways that you cannot fathom. Be optimistic and open your heart to what the world has to offer.